



Care for Children

Addendum (ERC version)

Re: Recent changes to CPR protocols

Dear Emergency First Response Care for Children Course Participant,

In October 2010 the European Resuscitation Council (ERC), a member of the International Liaison Committee on Resuscitation (ILCOR), slightly modified its CPR and Emergency Cardiac Care (ECC) guidelines. Emergency First Response programmes follow guidelines established by the ILCOR member associations and implement changes whenever protocols are revised.

The new guidelines do not show a great change to the information found in this Care for Children Participant Manual, but do further reinforce emphasis on providing effective chest compressions with minimal interruptions. Studies have shown the importance of providing fast, effective chest compressions as a critical aspect in treating a patient who has suffered cardiac arrest.

Please note the change in the chart below, and where in the Care for Children Participant Manual it applies:

New Guideline

Compress infant chest to approx 4cm and child chest to approx 5cm at a rate of 100 -120 compressions per minute

Old Guideline

Previously, approx one third the depth of the chest and 100 compressions per minute

Rationale & (page) affected

Emphasis is on providing quality compressions of an adequate depth
(2-10, 2-12)

Thank you for participating in an Emergency First Response course